

How To Perform a **Patch Test Before Using** a New Skincare Product



The test for potential **allergic reactions** should be performed on the area behind the ear

The test for potential **skin irritation** requires the application of the product on the area where your skin is most sensitive



The test for **potential acne breakouts** requires the application of the product on the area where your skin is more prone to acne

How large should the test area be?

Large enough for you to notice if any complication occurs, but small enough so you'll be able to react quickly without causing excessive damage to the skin.

How long should I keep performing the patch test?

Do not wash that area of the skin for at least 24 hours; watch for any sign of a skin reaction (irritation, redness, itching, swelling, blistering, weeping, crusting, rash, etc.). If no reaction occurs, it is very likely that you will not experience allergy or skin irritation in the future.

Usually, people with more sensitive skin notice almost immediate reactions (varying from a couple of minutes to a couple of hours after the application of the product).

Note that a negative skin reaction may be experienced after longer periods of time as well (more than 24h).

The individual results may vary since every one of us has individual skin characteristics, therefore it is highly recommended to perform the patch test for at least 2-3 days before conducting the treatment.

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